	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under		J.Monk 15/Oct/00 18.1 USA	W.Vasey 31/Aug/94 40.8 Britain	D.Andrews 30/Dec/09 26.0 Britain	D.Harston 31/Aug/95 28.7 Britain														
14-15	C.Howard 31/Aug/94 28.0 Britain			M.Jackson 30/Aug/99 40.8 Britain	W.Vasey 31/Aug/95 54.4 Britain	W.Vasey 30/Aug/96 56.2 Britain	L.Robinson 31-Aug-02 66.5 Britain	Jon Gardner 31/Aug/97 40.0 Britain	D.Evans 30/Aug/96 41.6 Britain	D.Evans 31/Aug/97 47.0 Britain									
16-17				C.Wood 30/Aug/99 45.0 Britain		D.Beecroft 30/Aug/99 67.4 Britain	W.Vasey 30/Aug/98 68.0 Britain	D.Vasey 31/Aug/95 58.5 Britain	G.Owen 30/Dec/07 58.4 Britain	M.Watson 30/Aug/98 52.0 Britain									
18-19						D.Beecroft 31/Aug/00 58.4 Britain	W.Vasey 30/Aug/99 64.4 Britain	T.Cross 30/Aug/98 55.5 Britain		D.Vasey 30/Aug/98 70.8 Britain		S.Anglo 30/Dec/07 66.4 Britain							
OPEN	28.0	18.1	40.8	54.4	P.Crooks 23/Aug/93 72.5 Britain	S.Brooks 30/Aug/99 75.1 Britain	S.Andrews 30/Aug/02 85.0 Britain	R.Meldon 31/Aug/97 96.3 Britain	R.Meldon 31/Mar/99 103.3 Britain	R.Meldon 31/Aug/01 98.3 Britain	R.Meldon 30/Dec/07 102.4 Britain	D.Canham 30/Aug/98 105.0 Britain	N.Carpenter 31/Dec/04 100.0 Britain	M.Booth 30/Aug/02 95.1 Britain	86.2		65.0		78.0
40+					B.Grey 31/Aug/93 61.6 Britain	S.Showell 30/Aug/97 40.0 Britain	S.Andrews 30/Aug/02 85.0 Britain	S.Andrews 30/Aug/00 85.0 Britain	R.Davis 10/Feb/10 90.0 Britain	A.Swift 31/Aug/93 85.0 Britain	R.Meldon 30/Dec/07 102.4 Britain	P.Meehan 23/Oct/90 104.3 Britain	N.Carpenter 31/Dec/04 100.0 Britain		B.Cookson 10/Feb/07 86.2 USA				S.Gardner 31/Aug/98 78.0 Britain
45+					B.Grey 31/Aug/94 60.8 Britain	S.Showell 31/Aug/98 43.0 Britain	C.Bass 31/Aug/95 75.8 Britain	S.Andrews 30/Dec/06 80.0 Britain	R.Brooks 30/Aug/93 75.8 Britain	R.Meldon 30-Dec-09 89.4 Britain	A.Tucker 30-Dec-09 80.1 Britain	P.Meehan 31/Aug/93 95.5 Britain							
50+				B.Grey 30/Aug/99 54.4 Britain			R.Brooks 31/Aug/97 73.5 Britain	R.Brooks 30/Aug/96 73.5 Britain	T.Cook 15/Nov/87 93.0 Britain	T.Meldon 30-Dec-09 62.1 Britain	F.Allen 31/Aug/93 100.0 Britain								
55+						W.Wright 30/Aug/98 65.0 Britain	G.Davidson 13/Aug/94 77.5 Britain	K.Edge 14/Aug/95 59.5 Britain	N.Brumby 31/Aug/97 51.3 Britain	F.Allen 1/Sep/01 75.0 Britain	J.Evans 30/Aug/02 48.8 Britain	B.Anderson 13/Aug/94 70.0 Britain					G.Dick 30/Dec/07 65.0 Britain		G.Dick 30/Dec/06 70.0 Britain
60+							W.Wright 30/Dec/05 50.0 Britain	K.Edge 30/Aug/00 57.0 Britain	M Archer 15/Nov/97 70.0 Britain	M Archer 7/Jun/94 76.0 Britain	F.Allen 6/Sep/03 75.0 Britain	C.Nevis 30/Aug/00 79.4 Britain	B.Anderson 31/Aug/95 70.0 Britain						
65+								T.Kelly 31/Aug/01 44.0 Britain	W.Wright 30/Dec/06 55.0 Britain	P.Lee 31/Aug/00 58.5 Britain	C.Nevis 31/Dec/04 59.0 Britain							
70+						B Smith 3/Jun/93 42.3 Britain	B Smith 23/Mar/92 46.0 Britain	G.Davidson 30/Sep/07 60.8 Britain	P.Ready 30/Aug/93 63.5 Britain	P.Lee 30/Aug/02 57.0 Britain		H.Prechtel 12/Oct/97 63.5 USA							
75+						B Smith 30/Aug/99 35.0 Britain	B Smith 30/Aug/96 39.2 Britain		P.Ready 30/Aug/98 51.7 Britain	P.Ready 30/Aug/99 52.8 Britain									
80+						B Smith 30/Jun/01 28.6 Britain				P.Ready 31/Aug/02 48.5 Britain									
85+																			

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15																			
16-17									M.Doncaster 30/Aug/00 31.8 Britain										
18-19																			
OPEN					N.Phumchaona 12/Oct/97 31.8 USA	A.McInally 30/Aug/98 37.5 Britain	C.Lewis 31/Aug/97 41.0 Britain	J.Holmes 31/Aug/01 38.8 Britain	J.Holmes 31/Aug/00 37.4 Britain				J.Lapointe 7/Mar/98 36.3 USA						
40+						A.McInally 30/Aug/98 37.5 Britain		J.Marx 31/Oct/97 32.2 Britain											
45+							A.McInally 30/Dec/05 35.0 Britain	J.Fulford 30/Aug/93 30.8 Britain											
50+					N.Phumchaona 12/Oct/97 31.8 USA		A.McInally 30/Dec/06 35.0 Britain	J.Fulford 30/Apr/99 30.9 Britain	S.Lewis 30/Aug/98 26.0 Britain	S.Lewis 31/Aug/97 25.0 Britain									
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under			W.Vasey 28/Feb/94 25.4 Britain	Jon Gardner 9/Oct/94 16.8 Britain															
14-15							W.Vasey 31/Dec/96 39.5 Britain												
16-17				C.Wood 31/Oct/99 30.0 Britain															
18-19									C.Ross 28/Feb/04 57.5 Britain										
OPEN			25.4	30.0	S.Brooks 31/Dec/96 45.4 Britain	30.0	S.Andrews 19/Jun/94 66.3 Britain	S.Andrews 5/Feb/92 67.5 Britain	C.Ross 28/Feb/04 57.5 Britain	N.Carpenter 28/Feb/94 65.0 Britain	F.Allen 5/Aug/89 77.5 Britain	N.Carpenter 30/Jun/03 70.0 Britain	50.0		38.5				
40+							S.Andrews 2/Nov/02 60.0 Britain	S.Sherwood 9/Oct/94 55.0 Britain	R.Davis 10/Feb/10 50.0 Britain	S.Hills 30/Jun/03 46.5 Britain		N.Carpenter 30/Jun/03 70.0 Britain							
45+						S.Showell 21/Sep/98 30.0 Britain		R.Brooks 28/Feb/94 47.6 Britain			F.Allen 5/Aug/89 77.5 Britain				J.Garcia 11/Dec/99 38.5 USA					
50+							C.Bass 31/Mar/01 36.3 Britain	R.Brooks 31/Dec/96 47.6 Britain			F.Allen 9/Oct/94 61.3 Britain								
55+								G.Davidson 12/Dec/93 47.9 Britain	N.Brumby 28/Feb/94 47.6 Britain	B.DiCioccio 13/Oct/96 29.5 USA			B.Anderson 16/Feb/94 50.0 Britain						
60+									M.Archer 9/Oct/94 47.5 Britain	M.Archer 24/Jan/94 50.4 Britain									
65+								D.Mitchell 27/Feb/94 27.3 USA											
70+							B Smith 24/Jan/94 26.7 Britain	G.Davidson 27/May/07 32.9 Britain			R.Monahan 9/Oct/94 22.5 USA		B.Anderson 7/Jan/07 24.5 Britain						
75+							B Smith 31/Dec/96 27.3 Britain					F.Lamp 15/Dec/02 12.5 Australia							
80+																			
85+																			

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under									M.Hughes 28-Feb-04 22.5 Britain										
14-15																			
16-17																			
18-19																			
OPEN						J.Simonsen 9/Oct/94 25.0 USA		J.Fulford 26/Feb/94 20.4 Britain	22.5					A.Holter 4/Mar/00 50.0 USA					
40+																			
45+								J.Fulford 26/Feb/94 20.4 Britain											
50+								J.Phillips 15/Dec/02 17.5 Australia											
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	A.Geib 9/Oct/94 10.0 USA		C.Wood 31/Dec/96 20.0 Britain																	
14-15						D.Broadfoot 28/Feb/94 35.0 Britain	D.McDowall 28/Feb/94 40.0 Britain	L.Robinson 31/Dec/02 46.3 Britain	T.Ford 31/Dec/96 27.1 Britain	D.Evans 31/Dec/96 28.6 Britain										
16-17							M.Nelson 28/Aug/88 35.4 Britain		L.Robinson 30/Jun/03 49.2 Britain	P.Robson 26/Nov/04 47.5 Britain	Jon Gardner 31/Oct/99 36.5 Britain				J.Kelsey 3/Mar/01 38.5 USA					
18-19							M.Jackson 31/Dec/02 41.5 Britain				Jms Gardner 21/Jun/03 50.0 Britain	S.Laban 21/Jun/03 45.0 Britain								
OPEN	10.0		20.0			46.2	41.5	P.Zaremba 13/Oct/96 53.3 USA	K.Davidson 19/Jun/94 65.0 Britain	P.Zaremba 7/Nov/98 60.3 USA	R.Meldon 31/Dec/02 74.3 Britain	R.Meldon 21/Jun/03 75.0 Britain	G.McGuire 11/Nov/95 72.5 Britain	S.Kendall 6/May/89 67.5 Britain	S.Angell 31/Dec/96 72.5 Britain	R.Howe 9/Oct/94 65.0 Britain	M.Butt 19/Jun/94 65.0 Britain	P.Phillips 15/Dec/02 57.5 Australia	45.0	65.0
40+							A.Goddard 28/Feb/04 37.0 Britain	C.Waterman 15/Oct/95 50.3 USA	D.Morton 31/Dec/02 38.6 Britain	R.Davis 10/Feb/10 60.0 Britain	A.Swift 7/Feb/94 60.0 Britain	M.Wood 31/Oct/99 55.0 Britain	R.English 12/Nov/94 60.0 USA		G.Saxton 21/Jun/03 50.0 Britain	G.Saxton 28/Feb/04 52.5 Britain	M.Butt 19/Jun/94 65.0 Britain			S.Gardner 31/Dec/96 65.0 Britain
45+						B.Grey 26/Feb/94 46.2 Britain			C.Bass 28/Feb/94 46.2 Britain			D.Smith 31/Dec/02 49.4 Britain		J.Robinson 30/Jun/03 38.6 Britain				P.Phillips 15/Dec/02 57.5 Australia		S.Gardner 28/Feb/04 57.5 Britain
50+									W.Wright 9/Oct/94 47.5 Britain	D.Habecker 15/Oct/95 52.5 USA	G.Brown 26/Apr/89 59.2 Britain	F.Allen 7/Feb/94 62.5 Britain				J.Malloy 26/Feb/94 56.7 USA	B.Geib 9/Oct/94 50.0 USA	S.Schmidt 14/Oct/07 45.4 USA		
55+								W.Wright 31/Dec/96 45.0 Britain	G.Davidson 16/Feb/94 55.0 Britain	T.Davies 15/Dec/02 30.0 Australia	D.Habecker 12/Oct/97 47.7 USA							G.Dick 28/Feb/04 42.5 Britain	G.Dick 26/Nov/04 45.0 Britain	
60+									W.Wright 28/Feb/04 42.5 Britain	M.Archer 31/Dec/96 48.2 Britain	M.Archer 19/Jun/94 51.3 Britain	C.Nevis 31/Dec/02 36.3 Britain								
65+									D.Mtchell 27/Feb/99 27.3 USA	W.Wright 7/Nov/09 35.0 Britain	M.Archer 31/Dec/02 38.6 Britain		J.Sutton 15/Dec/02 27.5 Australia		H.Prechtel 9/Oct/94 40.0 USA					
70+									G.Davidson 27/May/07 32.9 Britain	P.Ready 28/Feb/94 34.0 Britain	P.Ready 31/Dec/96 32.7 Britain	P.Lee 31/Dec/02 31.2 Britain								
75+																				
80+								F.Fearnley 19/Feb/92 25.2 Britain	F.Fearnley 7/Feb/90 27.3 Britain		P.Ready 31/Dec/02 27.2 Britain								
85+																				

IAWA World Records | RH Dumbell Clean & Jerk (women) - G6 | 09/08/2010

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15																			
16-17					L.Gosling 1/Sep/01 16.5 Britain														
18-19																			
OPEN					N.Phumchaona 9/Oct/94 20.0 USA	A.McInally 31/Oct/99 25.0 Britain		J.Marx 31/Dec/96 29.5 Britain	T.Emmerson 31/Oct/99 31.5 Britain			A.Rollo 15/Dec/02 25.0 Australia	N.Hughes 30-Sep-09 25.0 Britain	A.Holter 3/Mar/01 23.0 USA					
40+						A.McInally 31/Oct/99 25.0 Britain		J.Marx 31/Dec/96 29.5 Britain											
45+						A.McInally 28/Feb/04 25.0 Britain			K.Gardner 28/Feb/04 20.0 Britain										
50+					N.Phumchaona 9/Oct/94 20.0 USA			J.Fulford 31/Dec/96 22.7 Britain											
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	J.Hickey 30/Apr/06 16.5 NZ	L.Taylor 30/Apr/06 10.0 Australia	J.Hickey 18/Oct/08 21.0 NZ		W.Vasey 31/Aug/94 39.0 Britain	Jos.Monk 1/Jun/02 31.8 USA	D.Haston 30/Aug/96 28.7 Britain	Z.Martin 30/Apr/06 28.0 Australia			S.Beck 30/Apr/05 31.7 USA			K.Patrick 30/Apr/06 40.8 USA							
14-15			C.Howard 31/Aug/94 23.0 Britain			M.Jackson 30/Aug/99 36.3 Britain	W.Vasey 31/Aug/95 52.6 Britain	W.Vasey 30/Aug/96 47.2 Britain	L.Robinson 30/Aug/02 54.4 Britain	C.Demille 1/Jun/02 36.3 USA	D.Evans 30/Aug/96 33.1 Britain	S.Beck 30/Apr/06 45.3 USA		J.Blockston 30/May/04 40.5 USA		J.Becklun 30/Apr/06 54.5 USA					
16-17						J.Achenbach 30/Apr/05 49.8 USA	J.Achenbach 8/Oct/99 45.0 Australia	K.Achenbach 30/Apr/05 54.4 USA	W.Vasey 30/Aug/98 60.8 Britain	J.French 20/May/02 60.0 Britain	P.Robson 28/Feb/05 60.0 Britain	C.Jaeschke 2/Jun/03 54.4 USA	D.Patrick 30/Apr/06 49.9 USA	J.Blockston 30/Apr/05 53.0 USA	J.Kelsey 27/Apr/02 54.4 USA	J.Patrick 30/Apr/06 54.4 USA					
18-19							J.Achenbach 30/Apr/06 54.4 USA	D.Beecroft 30/Aug/00 52.7 Britain	W.Vasey 30/Aug/99 61.7 Britain	C.Demille 30/Apr/05 49.8 USA	J.Muzzy 22/Oct/06 59.0 USA	D.Vasey 30/Aug/98 68.0 Britain	A.Barnes 2/Jun/02 42.0 Britain	S.Anglo 30/Dec/07 66.4 Britain			Jon Gardner 2/Jun/02 52.0 Britain		A.Bowen 30/May/04 55.0 Australia		
OPEN	16.5	10.0	23.0		39.0	50.8	P.Crooks 23/Aug/93 62.5 Britain	S.Brooks 30/Aug/99 64.1 Britain	S.Andrews 30/Aug/03 72.5 Britain	R.Meldon 17/Aug/91 90.0 Britain	A.Smith 30/Apr/06 90.9 USA	R.Meldon 31-Aug-01 93.0 Britain	P.Spitalny 30/Apr/06 92.5 Australia	P.Meehan 23/Oct/90 99.8 Britain	N.Carpenter 31/Dec/04 95.0 Britain	M.Booth 30/Aug/02 95.1 Britain	E.Todd 30/Apr/05 111.4 USA	B.Karhan 22/Feb/97 97.5 USA	F.J.Tatam 26/May/02 87.5 Australia	E.Todd 30/May/04 108.9 USA	K.McClain 7/Nov/87 108.9 USA
40+							B.Grey 30/Aug/93 58.5 Britain	M.Jefcoate 8/Oct/99 55.0 Britain	S.Andrews 30/Aug/03 72.5 Britain	S.Andrews 30/Aug/00 75.0 Britain	R.Davis 10/Feb/10 80.0 Britain	A.Swift 30/Aug/93 75.0 Britain	R.Meldon 30/Dec/07 92.1 Britain	P.Meehan 23/Oct/90 99.8 Britain	N.Carpenter 31/Dec/04 95.0 Britain		B.Karhan 15/Dec/90 91.6 USA	H.Butt 8/Oct/99 75.0 Pakistan	F.J.Tatam 26/May/02 87.5 Australia	D.Gardner 30/May/04 62.5 Britain	K.McClain 7/Nov/87 108.9 USA
45+							B.Grey 31/Aug/94 58.5 Britain	B.Pensyl 15/Oct/95 54.4 USA	C.Bass 29/Aug/93 68.0 Britain	S.Andrews 28/Feb/05 75.0 Britain	R.Brooks 30/Aug/93 65.8 Britain	R.Meldon 30-Dec-09 89.4 Britain	F.Allen 27/Aug/88 80.0 Britain	P.Meehan 29/Aug/93 91.4 Britain	P.Anderson 25/Oct/08 91.0 Australia	C.Gladding 28/Aug/88 90.0 Britain	P.Phillips 26/May/02 92.5 Australia	F.J.Tatam 2/Jun/03 90.0 Australia	F.J.Tatam 30/May/04 91.0 Australia	F.J.Tatam 30/Apr/06 97.5 Australia	S.Gardner 30/May/04 80.0 Britain
50+						B.Grey 30/Aug/99 50.8 Britain		K.Edge 28/Aug/88 50.0 Britain	R.Brooks 30/Aug/97 68.0 Britain	B.Kappel 11/Oct/98 76.0 Australia	N.Brumby 30/Aug/93 63.5 Britain	C.Nevis 27/Aug/88 67.5 Britain	F.Allen 30/Aug/93 77.5 Britain	J.Vernacchio 28/Aug/88 62.5 USA	E.Schock 30/May/04 90.7 USA	P.Phillips 30/May/04 92.5 Australia	P.Phillips 30/Apr/06 75.0 Australia	J.Patterson 11/Oct/98 70.0 Australia	S.Schmidt 30/Apr/06 72.5 USA		
55+								W.Wright 30/Aug/98 60.0 Britain	G.Davidson 13/Aug/94 70.0 Britain	B.Kappel 12/Nov/00 80.0 Australia	M.Archer 12/Aug/91 72.8 Britain	D.Haltecker 17/Nov/97 70.0 USA	F.Allen 8/Oct/99 62.5 Britain	B.Anderson 13/Aug/94 75.0 Britain	R.Sisk 30/May/04 63.5 USA	N.Bodamer 30/May/04 78.9 USA		G.Dick 02-Jun-03 65.0 Britain	J.Patterson 8/Oct/99 70.0 Australia	G.Dick 30/May/04 65.0 Britain	G.Dick 30/Dec/06 62.5 Britain
60+									W.Wright 02-Jun-02 60.0 Britain	B.Kappel 30/Apr/06 70.0 Australia	W.Wright 30/Dec/06 55.0 Britain	M.Archer 22/Aug/95 71.6 Britain	C.Nevis 31/Aug/01 65.8 Britain	C.Nevis 30/Aug/00 70.3 Britain	B.Anderson 31/Aug/95 75.0 Britain	H.Prechtel 28/Aug/88 62.5 USA	B.Cozier 7/Nov/98 70.0 USA	J.Malloy 30/Apr/06 68.5 USA			E.Craggs 11/Oct/98 45.0 Australia
65+								B.Savage 02-Jun-03 45.0 NZ		T.Kelly 31/Aug/01 44.0 Britain	M.Archer 8/Oct/99 62.5 Britain	P.Lee 30/Aug/98 62.0 Britain	C.Nevis 28/Feb/04 60.0 Britain	B.Anderson 2/Jun/02 58.3 Britain	B.Anderson 7/Mar/05 54.0 Britain	R.Bletcher 30/May/04 45.5 USA	B.Crozier 30/May/04 27.2 USA		F.H.Tatam 26/May/02 70.0 Australia		
70+								B.Savage 30/May/04 40.0 NZ	B.Smith 23/Mar/92 41.9 Britain	G.Davidson 8/Jul/07 55.8 Britain	P.Ready 30/Aug/93 63.5 Britain	P.Lee 30/Aug/02 57.0 Britain	J.Sutton 12/Mar/06 50.0 Australia	H.Prechtel 12/Oct/97 68.1 USA	H.Prechtel 15/Oct/95 68.0 USA		B.Clark 2/Jun/03 18.1 USA				
75+							R.Tompkins 16/Apr/00 35.0 Australia	R.Tompkins 8/Oct/99 37.5 Australia	B Smith 30/Aug/96 38.8 Britain	B.Cox 30/Apr/05 22.5 USA	P.Lee 30/Dec/09 32.0 Britain	P.Ready 30/Aug/97 52.2 Britain	H.Prechtel 27/Apr/02 49.9 USA	B.Chapman 16/Apr/00 40.0 Australia	B.Chapman 8/Oct/99 47.5 Australia	J.Lano 8/Oct/99 45.0 USA					
80+								B.Smith 31/Aug/01 28.6 Britain		F.Feamley 4/Nov/91 25.9 Britain		P.Ready 30/Aug/02 54.2 Britain		H.Prechtel 30/Apr/06 50.0 USA							
85+																					

	25kg	30kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	E.Monk 30/Apr/05 13.6 USA	A.Martin 30/Apr/06 14.0 Australia	A.Martin 26/Oct/08 20.0 Australia	J.Cziria 30/May/04 18.1 USA				M.Craggs 11/Oct/98 15.0 Australia		M.Hughes 30/Apr/05 32.5 Britain	K.Griffis 30/Apr/06 18.2 USA										
14-15								S.Jaeschke 2/Jun/03 31.8 USA	S.Jaeschke 30/May/04 32.5 USA	M.Fitz 30/Apr/05 18.2 USA											
16-17					P.Thompson 20/Jul/91 30.0 Britain	L.Gosling 2/Jun/02 23.5 Britain		N.Armstrong 30/Apr/06 26.0 NZ	A.Paul 30/May/04 29.5 USA	M.Fitz 30/Apr/06 31.8 USA											
18-19					L.Hall 2/Jun/03 26.8 USA										XL Liang 2/Jun/03 38.6 PRC						
OPEN	13.6	14.0	20.0	18.1	P.Thompson 20/Jul/91 30.0 Britain	A.Blindt 30/Aug/99 50.8 Britain	M.Cook 16/Apr/00 40.0 Australia	J.Wallace 25/Oct/08 50.0 Australia	T.Waikato 18/Oct/08 40.0 NZ	K.Gardner 30/Aug/98 33.0 Britain	M.Schneck 30/May/04 27.2 USA	J.Martin 26/Oct/08 22.5 Australia	A.Rollo 30/May/04 40.0 Australia	M.Phillips 26/May/02 35.0 Australia	XL Liang 2/Jun/03 38.6 PRC						M.McCormough 30/May/04 50.0 USA
40+							A.McInally 30/Aug/98 35.0 Britain	J.Taylor 30/Apr/05 36.5 Australia	J.Marx 30/Aug/97 30.2 Britain	K.Gardner 2/Jun/02 28.8 Britain			A.Rollo 30/May/04 40.0 Australia		M.Laban 30/May/04 27.5 Britain						M.McCormough 30/May/04 50.0 USA
45+					N.Phumchaona 28/Aug/88 20.0 USA		A.McInally 30/Apr/05 37.0 Britain	J.Taylor 30/Apr/06 36.0 Australia	J.Fulford 31/Aug/94 27.2 Britain	K.Gardner 30/Apr/05 30.0 Britain											M.McCormough 30/Apr/06 50.0 USA
50+					TL.Hook 27/Apr/02 18.1 USA	N.Phumchaona 7/Mar/98 27.2 USA		J.Phillips 30/May/04 30.0 Australia	J.Fulford 30/Aug/96 26.3 Britain	S.Lewis 30/Aug/98 20.5 Britain	S.Lewis 30/Aug/97 22.0 Britain										
55+						N.Phumchaona 1/Jun/02 27.5 USA			J.Fulford 24/May/02 24.5 Britain												
60+					C.Anderson 25/May/02 22.7 USA	N.Phumchaona 30/Apr/05 30.0 USA	M.LaRosa 30/May/04 22.7 USA	K.Howley 30/Apr/06 22.0 USA													
65+						C.Anderson 30/Apr/06 18.0 USA															
70+																					
75+																					
80+																					
85+																					

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under							S.McKean 18-Feb-95 15.9 USA												
14-15				C.Wood 30-Jun-99 22.5 Britain			D.Vasey 30-Oct-94 23.6 Britain												
16-17							W.Vasey 30-Dec-97 31.4 Britain	G.Smith 05-Oct-97 25.8 Britain		Jon Gardner 06-May-00 26.8 Britain		A.Barnes 06-May-00 20.0 Britain							
18-19							W.Vasey 30-Jun-99 32.7 Britain		T.Hurter 28-May-00 30.0 Australia	C.Biggs 14-Jul-02 22.5 Australia									W Smith 28/Jul/10 36.5 Britain
OPEN				22.5		26.6	32.7	A.Blindt 28-Aug-88 44.5 Britain	B.Hirsh 15-Oct-95 47.6 USA	C.Goakes 28-Aug-88 46.3 Britain	J.McNamee 07-Mar-90 53.0 Britain	N.Carpenter 30-Dec-97 45.0 Britain	S.Angell 06-May-00 45.0 Britain	40.3			FH.Tatam 14-Jul-02 50.0 Australia		42.5
40+							C.Waterman 22-Feb-97 27.7 USA	S.Andrews 30-Dec-03 38.8 Britain	B.Hirsh 15-Oct-95 47.6 USA				N.Carpenter 30-Dec-03 45.0 Britain						S.Gardner 06-May-00 42.5 Britain
45+									B.Hirsh 23-Nov-03 38.5 USA		D.Smith 30-Jun-99 36.4 Britain			J.Kurtz 15-Oct-95 40.3 USA					
50+							C.Bass 30-Dec-97 32.4 Britain	J.Guerin 30-Oct-94 37.6 Britain					B.Anderson 27-May-90 37.0 Britain				R.Davidson 16-Mar-03 32.5 Australia		
55+									M.Archer 25-May-91 37.5 Britain		F.Allen 06-May-00 33.8 Britain								
60+								G.Davidson 06-May-00 30.0 Britain	M.Archer 15-Dec-97 35.3 Britain	A.Bundy 12-Jan-90 35.5 Britain	D.Habecker 13-Oct-02 29.5 USA		B.Anderson 06-May-00 35.0 Britain						
65+										M.Archer 21-May-99 34.0 Britain	P.Lee 30-Jun-98 30.6 Britain						FH.Tatam 14-Jul-02 50.0 Australia		
70+						B.Smith 30-Oct-94 26.6 Britain	B.Smith 03-Feb-92 27.3 Britain	G.Davidson 27-May-07 25.4 Britain		J.McBay 06-Oct-03 27.5 Australia	C.Nevis 30/Oct/08 28.1 Britain	B.Anderson 29-Oct-06 25.0 Britain	B.Anderson 18-Feb-07 30.4 Britain						
75+						R.Tompkins 28-May-00 17.5 Australia	B.Smith 30-Jun-99 25.0 Britain	B.Smith 17-Feb-99 23.5 Britain					B.Chapman 16-Mar-03 28.0 Australia						
80+						B.Smith 31-Oct-01 19.3 Britain													
85+																			

IAWA World Records | LH Dumbbell Clean & Press (women) - G1 | 09/08/2010

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under								M.Hughes 10-Dec-05 17.5 Britain											
14-15																			
16-17																			
18-19																			
OPEN							J.Taylor 17-Oct-04 18.5 Australia	M.Hughes 10-Dec-05 17.5 Britain	K.Gardner 06-May-00 15.0 Britain						M.Laban 10-Dec-05 22.5 Britain				
40+							J.Taylor 17-Oct-04 18.5 Australia		K.Gardner 06-May-00 15.0 Britain						M.Laban 10-Dec-05 22.5 Britain				
45+									K.Gardner 10-Dec-05 17.5 Britain										
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

IAWA World Records | RH Dumbbell Clean & Press (men) - G1 | 09/08/2010

	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	M.Smyth 17-Oct-04 6.0 Australia				D.Andrews 30-Apr-08 11.0 Britain	W.Vasey 30-Oct-94 20.4 Britain															
14-15			C.Howatt 30-Oct-94 13.5 Britain		JmsGardner 30-Dec-97 13.5 Britain	M.Jackson 30-Jun-99 20.4 Britain	B.Barker 30-Dec-97 15.0 Britain	S.McKean 24-Feb-96 20.3 USA			D.Evans 30-Dec-97 22.2 Britain										
16-17							M.Fordham 06-May-00 18.8 Britain	M.Jackson 31-Oct-01 30.2 Britain	D.Abbott 30-Dec-97 22.7 Britain	B.Bourne 28-Aug-88 35.8 Britain			JefCiavattone 30-Dec-97 25.4 USA								
18-19							M.Whelan 21-May-00 25.0 Australia	M.Wells 30-Jun-99 28.6 Britain		S.Brain 21-May-00 22.5 Australia	C.Biggs 29-Jul-01 20.0 Australia	S.Best 21-May-00 30.0 Australia							D.Stahnke 03-Mar-01 45.0 USA			
OPEN	6.0		13.5		13.5	28.3	T.Nguyen 16-Mar-03 35.0 Australia	M.Jefoate 14-Oct-00 40.0 Britain	K.Vasey 30-Dec-97 35.0 Britain	A.Blindt 15-Nov-87 50.0 Britain	R.Davis 01-Sep-01 47.5 Britain	R.Meldon 31-Oct-01 52.8 Britain	R.Meldon 30-Dec-03 52.8 Britain	J.McNamee 30-Oct-94 50.2 Britain	M.MCBride 17-Oct-04 54.4 USA	M.Booth 31-Oct-01 59.0 Britain	R.Neuzerling 17-Mar-02 57.5 Australia	FJ.Tatam 17-Oct-04 52.5 Australia	FJ.Tatam 16-May-04 52.5 Australia	B.Karhan 17-Oct-99 60.3 USA	M.Mitchell 20-Feb-05 61.2 USA
40+								M.Jefcoate 14-Oct-00 40.0 Britain	K.Vasey 30-Dec-97 35.0 Britain	S.Andrews 06-May-00 38.8 Britain	R.Davis 18/Jul/10 46.0 Britain	R.Meldon 30-Apr-08 51.5 Britain	T.Allsop 30-Oct-04 44.1 Britain	T.Rowbotham 30-Dec-03 27.2 Britain	K.Hickey 17-Oct-04 35.0 NZ		G.Saxton 10-Dec-05 35.0 Britain	FJ.Tatam 17-Mar-02 50.0 Australia	C.Hughes 10-Dec-05 32.5 Britain	F.Ciavattone 30-Dec-96 45.3 USA	M.Mitchell 20-Feb-05 61.2 USA
45+							B.Grey 31-Dec-97 29.5 Britain	B.Grey 31-Jan-97 29.5 Britain	A.Goddard 10-Dec-05 26.5 Britain	R.Brooks 30-Oct-94 35.1 Britain	D.Jones 20-May-01 25.0 Australia	T.Meldon 30-Dec-03 39.0 Britain	F.Allen 25-May-91 43.8 Britain	T.Rowbotham 30-Apr-08 27.2 Britain	G.Dick 30-Oct-94 40.0 Britain	J.Kurtz 24-Feb-96 51.5 USA	P.Phillips 05-Oct-03 50.0 Australia	FJ.Tatam 17-Oct-04 52.5 Australia	FJ.Tatam 16-May-04 52.5 Australia	B.Karhan 07-Nov-94 60.0 USA	J.Carlone 17-Feb-08 40.0 Australia
50+						B.Grey 30-Jun-99 28.3 Britain			K.Edge 28-Aug-88 33.6 Britain	R.Brooks 30-Jun-99 37.4 Britain	T.Garnett 30-Dec-03 36.7 Britain	T.Evans 30-Dec-97 33.4 Britain	C.Nevis 25-May-91 37.5 Britain		B.Anderson 21-Apr-90 38.0 Britain	T.Rowlinson 20-May-01 35.0 Australia	P.Phillips 16-May-04 50.0 Australia	P.Phillips 17-Oct-04 50.0 Australia		B.Karhan 17-Oct-99 60.3 USA	L.Bell 29-Jul-01 37.5 Australia
55+									W.Wright 30-Jun-99 35.0 Britain	B.Kappel 20-May-01 47.5 Australia	T.Davies 20-May-01 27.5 Australia	D.Habecker 12-Oct-97 36.3 USA		B.Anderson 08-Nov-90 35.0 Britain	B.Anderson 30-Oct-94 40.0 Britain	T.Rowlinson 17-Mar-02 30.0 Australia	T.Rowlinson 16-May-04 30.0 Australia		J.Patterson 21-May-00 37.5 Australia	J.Hockemeyer 17-Oct-04 59.0 USA	R.Davidson 17-Oct-04 37.5 Australia
60+									P.LeNoel 30-Dec-03 16.8 Britain	K.Edge 14-Nov-97 34.5 Britain	N.Brumby 30-Dec-03 31.8 Britain	M.Archer 07-Nov-94 36.5 Britain	D.Habecker 05-Oct-03 37.5 USA			B.Cozier 03-Mar-01 41.0 USA					
65+									T.Kelly 30-Jun-99 24.7 Britain	T.Kelly 30-Dec-03 21.4 Britain	N.Brumby 30-Oct-04 34.0 Britain	M.Archer 21-May-99 32.6 Britain	P.Lee 30-Dec-97 32.4 Britain	B.Anderson 22-May-02 30.2 Britain		B.Cozier 17-Oct-04 33.3 USA	B.Cozier 10-May-03 37.0 USA		FH.Tatam 17-Mar-02 40.0 Australia		
70+									B.Savage 17-Oct-04 22.5 NZ	H.Perryman 29-Jul-01 17.5 Australia	P.Ready 30-Oct-94 31.7 Britain	P.Lee 30-Dec-03 29.8 Britain	J.Sutton 11-Sep-05 27.5 Australia	B.Anderson 03-Dec-06 25.5 Britain	B.Anderson 18-Feb-07 30.4 Britain						
75+											P.Ready 30-Dec-97 32.0 Britain	P.Ready 31-Oct-01 26.3 Britain		F.Lamp 16-Mar-03 15.0 Australia	B.Chapman 11-Mar-02 27.5 Australia						
80+										F.Feamley 07-Feb-90 23.2 Britain		P.Ready 30-Oct-04 27.2 Britain		B.Chapman 16-May-04 20.0 Australia							
85+																					

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under				D.Davies 11-Dec-90 8.3 Britain	D.Davies 25-May-91 10.0 Britain														
14-15										E.Talbot 30-Jun-99 17.5 Britain									
16-17																			
18-19												M.Phillips 20-May-01 22.5 Australia	M.Phillips 17-Mar-02 20.0 Australia						
OPEN				8.3	10.0	A.McInally 30-Jun-99 16.0 Britain	M.Cook 20-May-01 22.5 Australia	T.Doherty 17-Mar-02 17.5 Australia	T.Emmerson 30-Dec-97 17.5 Britain	E.Talbot 30-Jun-99 17.5 Britain	C.Ciavattone 30-Dec-96 15.0 USA	A.Rollo 16-Mar-03 23.0 Australia	M.Phillips 17-Mar-02 20.0 Australia		M.Laban 10-Dec-05 22.5 Britain				
40+						A.McInally 30-Jun-99 16.0 Britain						S.Wilsmore 17-Mar-02 10.0 Australia			M.Laban 10-Dec-05 22.5 Britain				
45+								I.Love 16-Mar-03 15.0 Australia	K.Gardner 10-Dec-05 17.5 Britain										
50+							J.Phillips 16-May-04 17.5 Australia	J.Fulford 30-Dec-97 13.6 Britain											
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			