	25kg	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	20.0#	20.0#	25.0#	24.9#	32.5#	30.0#	31.0#	37.5#	42.5#	47.5#	32.2#	20.4#	62.5#									
14-15						42.5#	50.0#	50.0#	62.5#	65.0#	58.0#	80.0#	67.5#	55.0#		60.0#	60.0#	59.0#		67.5#		
16-17							55.0#	50.0#	80.0#	80.0#	72.5#	65.0#	77.5#	72.5#	45.0#	67.5#	75.0#	85.0#				77.1#
18-19								70.0#	67.5#	82.6#	77.5#	90.0#	77.5#	70.0#	90.0#	80.0#	95.0#	83.9#	115.0#			
OPEN	20.0#	20.0#	25.0#	24.9#	32.5#	42.5#	63.5#	90.0#	90.0#	105.0#	110.0#	115.6#	122.5#	126.0#	130.0#	127.5#	125.0#	136.5#	137.5#	R.Howe 2/Nov/02 140.0 Britain	A.Myers 20/Feb/05 154.2 USA	E.Beath 6/Dec/09 175.1 USA
40+								66.6#	75.0#	102.5#	110.0#	105.0#	115.0#	126.0#	107.5#	120.5#	122.5#	136.5#	128.0#	90.0#	110.0#	115.5#
45+								66.7#	85.0#	83.0#	90.0#	85.0#	107.5#	110.0#	102.5#	107.5#	125.0#	107.5#	S.Schmidt 3/Mar/01 130.0 USA	B.Karhan 11/Oct/98 137.4 USA	115.0#	90.7#
50+							63.5#		70.0#	75.0#	85.0#	97.5#	95.0#	100.5#	101.3#	115.0#	102.5#	127.5#	132.5#	80.0#	75.0#	86.2#
55+									67.5#	72.5#	95.0#	86.0#	96.0#	82.5#	90.0#	85.0#	82.5#	95.3#	102.5#	S.Schmidt 11/Oct/09 105.0 USA	77.5#	75.0#
60+									67.5#		82.5#	78.0#	82.5#	80.0#	85.0#	80.5#	82.5#		73.0#	70.0#		65.0#
65+										65.0#	60.0#	67.5#	80.0#	75.0#	73.0#	87.5#	85.0#	82.5#	77.5	82.5#	70.0#	
70+									41.3#	57.5#	65.0#	68.0#	66.7#	85.0#	80.0#	75.0#	80.0#	25.0#		65.0#		
75+									45.0#	38.0#	32.5#	59.0#	56.7#	55.0#	52.5#	60.0#	65.0#	65.8#				
80+									25.0#	36.8#	32.9#		57.5#	45.0#	50.0#	53.5#	43.6#					
85+													50.0#		42.5#							

IAWA World Records | Push Press from Racks (women) - B47 | 06/03/2010

	25kg	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	13.0#	16.0#	E.Monk 22/Oct/06 22.2 USA	25.2#	29.5#	17.5#				35.0#	35.0#	27.2#										
14-15						22.6#				40.0#	45.0#	50.0#										
16-17						35.0#	32.5#				50.0#											
18-19								25.0#	38.5#		40.0#	31.8#			45.0#							
OPEN	13.0#	16.0#	22.2	16.3#	22.7#	40.0#	55.0#	58.0#	62.5#	45.0#	63.5#	61.2#	47.5#	50.0#	45.0#	50.0#	47.5#	42.5#				52.2#
40+						22.5#	32.5#	43.0#	42.5#	40.8#	56.7#	56.7#	47.5#	50.0#	25.0#	47.5#	47.5#	42.5#				
45+						27.5#	40.0#	40.5#	42.5#	40.0#	37.5#											52.2#
50+							40.0#	37.5#	35.0#	40.0#												
55+							37.5#			27.5#												
60+							18.1#	25.0#														
65+																						
70+																						
75+																						
80+																						
85+																						

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125kg
13&Under																			
14-15																			
16-17																			
18-19									A.Smith 9/Dec/00 38.5 USA										
OPEN									A.Smith 9/Dec/00 38.5 USA										
40+																			
45+																			
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125kg
13&Under																			
14-15																			
16-17																			
18-19																			
OPEN											N.Swain 26/May/08 50.5 Britain		T.Thauer 6/Sep/03 45.0 Germany						
40+											N.Swain 26/May/08 50.5 Britain		T.Thauer 6/Sep/03 45.0 Germany						
45+																			
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	25kg	30kg	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under	O.Horne 5/Jan/94 10.0 Britain		J.Horne 26/Jun/94 15.5 Britain	J.Horne 9/Jan/95 17.5 Britain		W.Vasey 19/Jun/94 23.5 Britain	W.Vasey 28/Feb/95 29.5 Britain	D.Harston 28/Feb/96 21.7 Britain		D.Evans 28/Feb/95 17.8 Britain							B.Fulton 23/May/99 25.0 USA					
14-15				C.Howard 26/Jun/94 12.5 Britain		C.Wood 28/Feb/95 28.0 Britain	D.Broadfoot 30/Apr/93 20.0 Britain	M.Jackson 30/Jun/00 27.5 Britain	D.Haston 28/Feb/98 28.0 Britain	L.Robinson 31/Dec/02 31.8 Britain	M.Kucera 23/May/99 27.2 USA	Jon Gardner 28/Feb/98 35.0 Britain									
16-17				C.Howard 28/Feb/95 16.0 Britain					M.Wells 30/Dec/97 38.6 Britain	C.Howard 23/Apr/99 68.0 USA	D.Elmer 17/Nov/93 47.5 Britain	C.Jaeschke 19/Oct/02 36.3 USA	M.Watson 28/Feb/98 55.0 Britain				E.Kucera 23/May/99 29.5 USA					
18-19									D.Beecroft 30/Jun/00 29.6 Britain	W.Vasey 30/Jun/00 31.8 Britain	D.Elmer 28/Feb/95 55.5 Britain	D.Elmer 3/Jun/95 47.5 Britain	D.Vasey 28/Feb/98 37.2 Britain		A.Barnes 16/Mar/02 32.5 Britain							
OPEN	10.0		15.5	17.5		28.0	B.Grey 30/Apr/93 33.1 Britain	M.Jackson 28/Feb/07 36.3 Britain	P.Crooks 30/Apr/93 45.0 Britain	C.Howard 23/Apr/99 68.0 USA	D.Elmer 28/Feb/95 55.5 Britain	R.Meldon 28/Feb/98 56.7 Britain	R.Meldon 31/Dec/02 55.0 Britain	D.Horne 28/Feb/95 70.3 Britain	D.Horne 30/Apr/93 67.5 Britain	G.Letham 30/Apr/93 55.0 Britain	S.Angell 28/Feb/96 60.0 Britain	G.Saxton 20/Jul/91 50.0 Britain	S.Schmidt 11/Oct/98 65.0 USA	M.Graham 19/Oct/02 59.0 USA	M.Graham 16/Sep/01 56.7 USA	47.5
40+							B.Grey 30/Apr/93 33.1 Britain		S.Showell 28/Feb/98 30.0 Britain	K.Vasey 30/Dec/97 35.0 Britain	J.Luther 30/Jun/00 38.1 Britain	M.Dziobon 30/Dec/97 46.3 Britain	T.Meldon 31/Dec/02 50.0 Britain	D.Smith 30/Dec/97 48.0 Britain	M.Wood 28/Feb/96 45.0 Britain	A.Tomlin 30/Dec/08 47.5 Britain	N.Carpenter 28/Feb/07 42.5 Britain	S.Esaw 30/Jun/00 35.0 Britain		K.Fulton 16/Sep/01 54.3 USA		S.Gardner 28/Feb/98 47.5 Britain
45+								B.Grey 26/Jun/94 31.7 Britain	S.Showell 18/Sep/99 25.0 Britain	C.Bass 28/Feb/95 40.8 Britain	J.Guerin 28/Mar/93 42.5 Britain	D.Morton 28/Feb/07 29.5 Britain	B.Hirsh 3/Mar/01 45.0 USA	D.Smith 31/Dec/02 50.0 Britain	G.Dick 26/Jun/94 42.5 Britain	J.Watson 30/Apr/93 45.4 Britain		J.Garcia 23/May/99 31.8 USA	S.Schmidt 11/Oct/98 65.0 USA		B.Burtsloff 19/Oct/02 47.6 USA	B.Burtsloff 16/Sep/01 45.3 USA
50+										C.Bass 30/Dec/97 38.6 Britain	W.Wright 30/Apr/93 40.0 Britain	J.Guerin 26/Jun/94 35.0 Britain	N.Brumby 30/Apr/93 49.0 Britain	F.Allen 30/Apr/93 40.0 Britain				J.Garcia 11/Dec/04 34.0 USA				
55+										W.Wright 28/Feb/98 40.0 Britain	R.Brooks 16/Mar/02 32.5 Britain	S.Sherwood 28/Feb/07 38.6 Britain	J.Evans 30/Jun/00 47.5 Britain	N.Brumby 28/Feb/96 46.3 Britain	B.Anderson 26/Jun/94 37.5 Britain	B.Anderson 28/Feb/95 37.5 Britain					G.Dick 30/Jun/05 45.0 Britain	G.Dick 28/Feb/07 45.0 Britain
60+										K.Edge 28/Feb/98 31.5 Britain	W.Wright 30/Jun/05 42.5 Britain	M.Archer 26/Jun/94 40.0 Britain	N.Brumby 30/Jun/00 43.1 Britain	C.Nevis 31/Dec/02 35.2 Britain	C.Nevis 16/Mar/02 35.0 Britain							T.Ryan 11/Dec/05 40.8 USA
65+												W.Wright 28/Feb/07 40.5 Britain	N.Brumby 30/Jun/05 40.8 Britain	P.Lee 28/Feb/98 33.5 Britain					B.Clark 31/Oct/98 22.7 USA			
70+										B.Smith 26/Jun/94 34.5 Britain	A.Bundy 18/Aug/00 30.8 Britain	P.Ready 30/Apr/93 44.5 Britain	P.Ready 28/Feb/96 46.3 Britain	P.Lee 31/Dec/02 32.0 Britain		B.Anderson 7/Jan/07 30.0 Britain		B.Clark 11/Dec/04 29.5 USA				
75+										B.Smith 28/Feb/96 33.5 Britain		P.Ready 30/Dec/97 43.1 Britain	P.Lee 30/Jun/09 27.5 Britain									
80+										F.Fearnley 12/Sep/90 31.6 Britain	F.Fearnley 4/Nov/91 31.8 Britain		P.Ready 30/Jun/05 42.0 Britain									
85+													P.Ready 28/Feb/07 34.0 Britain									

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under						S.Jaeschke 19/Oct/02 20.4 USA													
14-15																			
16-17			P.Thompson 20/Jul/91 18.5 Britain	L.Gosling 13/Mar/02 20.0 Britain															
18-19																			
OPEN			18.5	20.0	A.McInally 28/Feb/98 27.5 Britain	TB.Lakowsky 16/Sep/01 22.7 USA	J.Marx 28/Feb/96 29.5 Britain	J.Fulford 28/Feb/96 29.5 Britain	S.Lewis 30/Dec/97 19.5 Britain										M.McConnoug 16/Sep/01 31.8 USA
40+					A.McInally 28/Feb/98 27.5 Britain	TB.Lakowsky 16/Sep/01 22.7 USA	J.Marx 28/Feb/96 29.5 Britain	K.Gardner 16/Mar/02 20.0 Britain											M.McConnoug 16/Sep/01 31.8 USA
45+					A.McInally 30/Jun/05 22.5 Britain		J.Fulford 30/Apr/93 28.4 Britain	J.Fulford 28/Feb/96 29.5 Britain											
50+						A.McInally 30/Jun/05 22.5 Britain	J.Fulford 15/Nov/97 26.0 Britain		S.Lewis 30/Dec/97 19.5 Britain										
55+							J.Fulford 16/Mar/02 22.5 Britain												
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under		C.Mansell 5/Oct/08 20.0 Britain					M.Green 27/Apr/02 45.5 USA												
14-15						M.Mansell 5/Oct/08 47.5 Britain														
16-17														J.Kelsey 3/Mar/01 70.0 USA					
18-19																			
OPEN		20.0				47.5	S.Andrews 5/Oct/08 70.0 Britain	55.0	J.Monk 14/Oct/07 85.0 USA	R.Davis 5/Oct/08 90.0 Britain	R.Meldon 5/Oct/08 100.0 Britain	J.Kavanagh 5/Oct/08 91.0 Britain	P.Crisp 5/Oct/08 92.5 Britain	C.Ullom 5/Oct/08 115.0 USA	P.Phillips 17/Feb/08 100.0 Australia	A.Myers 5/Oct/08 120.0 USA		M.Haydock 5/Oct/08 125.0 Britain	JonGardner 23/Oct/04 95.0 Britain
40+									J.Monk 14/Oct/07 85.0 USA		R.Meldon 5/Oct/08 100.0 Britain					A.Myers 5/Oct/08 120.0 USA			
45+							S.Andrews 5/Oct/08 70.0 Britain				T.Allsop 5/Oct/08 90.0 Britain	T.Rowbotham 5/Oct/08 57.5 Britain		S.Mansell 5/Oct/08 90.0 Britain	T.Thauer 5/Oct/08 95.0 Germany	C.Hughes 5/Oct/08 77.5 Britain			
50+															P.Phillips 17/Feb/08 100.0 Australia				
55+									J.McKean 15/Oct/00 65.0 USA									D.Abblett 5/Oct/08 85.0 Britain	
60+																			
65+									W.Wright 5/Oct/08 50.0 Britain	D.Habecker 5/Oct/08 55.0 USA									
70+								G.Davidson 5/Oct/08 55.0 Britain											
75+								D.Mitchell 5/Oct/08 22.5 USA											
80+									A.Montini 5/Oct/08 35.0 USA			B.Chapman 5/Oct/08 40.0 Australia	B.Chapman 17/Feb/08 40.0 Australia						
85+																			

IAWA World Records | Reflex Barbell Clean & Jerk (women) - B49 | 06/03/2010

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under		H.Mansell 5/Oct/08 32.5 Britain																	
14-15																			
16-17							M.Hughes 5/Oct/08 50.0 Britain	M.Hughes 22/Dec/07 50.0 Britain											
18-19																			
OPEN							T.Wiakato 5/Oct/08 52.5 NZ	M.Hughes 22/Dec/07 50.0 Britain						J.Donatelli 17/Jan/10 27.5 Britain					
40+																			
45+							K.Gardner 22/Dec/07 32.5 Britain												
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			

	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg	125+kg
13&Under																			
14-15																			
16-17														J. Kelsey 3/Mar/01 60.0 USA			D. Stahnke 3/Mar/01 105.0 USA		
18-19							B. Dreamer 3/Nov/01 70.0 USA												
OPEN							B. Dreamer 3/Nov/01 70.0 USA		J.Monk 14/Oct/07 80.0 USA	N.Swain 17/Jan/10 80.5 Britain		A.Barnes 10/Nov/07 70.0 Britain		D.McFadzean 10/Nov/07 65.0 Britain		G.Alway 24/Oct/09 65.0 Britain	D. Stahnke 3/Mar/01 105.0 USA		E.Beath 11/Oct/09 102.1 USA
40+									J.Monk 14/Oct/07 80.0 USA	N.Swain 17/Jan/10 80.5 Britain									
45+																			
50+																			
55+									J. McKean 15/Oct/00 65.0 USA										
60+									J. McKean 14/Oct/07 49.0 USA										
65+																			
70+																			
75+																			
80+																			
85+																			

	35kg	40kg	45kg	50kg	55kg	60kg	65kg	70kg	75kg	80kg	85kg	90kg	95kg	100kg	105kg	110kg	115kg	120kg	125kg
13&Under																			
14-15																			
16-17																			
18-19																			
OPEN														A.Thomas 3/Nov/01 40.0 USA	J.Donatelli 17/Jan/10 60.5 Britain				
40+														A.Thomas 3/Nov/01 40.0 USA					
45+																			
50+																			
55+																			
60+																			
65+																			
70+																			
75+																			
80+																			
85+																			